## **Pepticate™ Infant Recipe Chart**

For Parents & Caregivers §

Con

(Standard Dilution) 20 kcal/fl oz 0.67 kcal/mL

	Volume of Water <sup>‡</sup>		Amount of Neocate Powder <sup>†</sup>			Approximate Final Volume <sup>‡</sup>	
Based on an	fl oz	mL	scoops	grams	kcal	fl oz	mL
even starting	1	30	1	4.8	22.7	1.1	35
volume of	2	60	2	9.6	45.4	2.2	65
water:	3	90	3	14.4	68.1	3.3	100
water.	4	120	4	19.2	90.8	4.4	135
These recipes start with exact water volumes and add level, unpacked scoops.	5	150	5	24.0	114	5.5	165
	6	180	6	28.8	136	6.7	200
	7	210	7	33.6	159	7.8	235
	8	240	8	38.4	182	9.0	270
Please note that	9	270	9	43.2	204	10.0	300
final volumes are approximate.	10	300	10	48.0	227	11.1	335
	11	330	11	52.8	250	12.2	365
Pepticate is a hypoallergenic, extensively hydrolyzed formula (eHF) specifically formulated for infants with cow milk allergy and colic related to cow milk allergy.  For oral and tube feeding; Not for parenteral use.	12	360	12	57.6	272	13.3	400
	14	420	14	67.2	318	15.5	465
	16	480	16	76.8	363	17.8	535
	18	540	18	86.4	409	20.0	600
	20	600	20	96.0	454	22.2	665
	22	660	21	101	477	24.3	730
	24	720	23	110	522	26.5	795
	26	780	25	120	568	28.8	865
	28	840	27	130	613	31.0	930
Pepticate is from the makers of Neocate <sup>®</sup> , a family of	30	900	29	139	658	33.2	995
hypoallergenic, amino acid-	32	960	31	149	704	35.4	1065
based medical foods	34	1020	33	158	749	37.6	1130
	36	1080	35	168	795	39.9	1195
	38	1140	37	178	840	42.1	1265
	40	1200	39	187	885	44.3	1330
	42	1260	41	197	931	46.5	1395
	46	1380	45	216	1022	51.0	1530

## How to **Prepare** Refer to can label for full preparation

1. Wash hands thoroughly and clean preparation area. Pour cooled, boiled water into a sterilized container.

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60

70

85



2. Add the required amount of Pepticate Infant powder.



1112

1340

1544

1892

3. Cap bottle or container and shake well until the powder has dissolved.

55.4

66.5

77.5

95.0



1660

1995

2325

2850

Nutricia recommends cooled, boiled water for preparation and the use of sterlized bottles. Ask your baby's healthcare team if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

235

283

326

**Important** Preparation **Information** 

instructions

Shake or stir Pepticate immediately before use.

1500

1800

2100

2550

- Discard formula left in bottle or cup 1 hour after feeding starts.
- If preparing in advance: refrigerate immediately at 35-40°F (2-4°C) For oral and tube feeding; not for parenteral use. and use within 24 hours.
- Do not freeze, boil, or use a microwave oven to prepare or warm formula.

  - Tube feeding: Nutricia advises formula can be safely kept at room temperature up to 4 hours.

## **Storage**

• Store unopened can at room temperature. Do not store at extreme temperatures.

49

59

68

**FULL CAN** 

• Once opened, reseal can and store in a cool, dry place (not a refrigerator). Use within 1 month.

## Nutricia North America recommends using a scale for greatest accuracy.

The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures. †Dilutions are more accurate using weighed powder vs. scoops. Scoops should be level and unpacked. 1 level, unpacked scoop yields 4.7 grams powder and provides 22.33 kcal. 1 gram provides 4.75 kcal and displaces ~0.71 mL water. ‡This chart assumes 1 fl oz = 30 mL. Water volumes are exact, but final volumes of prepared formula may vary slightly. §For patient safety, Nutricia directs caregivers who request mixing instructions at non-standard dilutions, or for recipes that use household measures instead of a scale or the provided scoops, to their healthcare team for guidance.

For questions, contact: NutritionServices@Nutricia.com (800) 365-7354

www.pepticate.com

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