





NUTRIENTS	Per 100 g of powder	Per scoop/pouch (12.5 g)
Calories	334	42
Protein Equivalent, g	80	10
Phenylalanine, mg	122	15.3
Fat, g	<0.5	<0.5
Saturated, g	0.10	0.01
Trans, g	0	0
Carbohydrate, g	2.7	<0.5
Minerals		
Calcium, mg	32.0	4.0
Sodium, mg	960	120

Ingredients: Glycomacropeptide (Milk), L-Tyrosine, Glycine, L-Leucine, L-Histidine, L-Arginine, Corn Syrup Solids, L-Cystine. Contains 2% Or Less of the Following: L-Tryptophan, Refined Vegetable Oils (Canola, Safflower, Coconut And Soybean), Silicon Dioxide, Taurine, Modified Corn Starch, Maltodextrin, L-Carnitine, Ascorbyl Palmitate, Rosemary Extract, Mixed Tocopherols, Tricalcium Phosphate.

Contains: Milk



## **UPDATED LOOK & NUTRITION**

NUTRIENTS	Per 100 g of powder	Per scoop/pouch (12.5 g)
Calories	335	42
Protein Equivalent, g	80	10
Phenylalanine, mg	144	18
Fat, g	0.1	0
Saturated, g	0	0
Trans, g	0	0
Carbohydrate, g	3.5	0.44
Minerals		
Calcium, mg	39.0	4.9
Sodium, mg	1129	141

**Ingredients:** Glycomacropeptide (Milk), L-Tyrosine, Glycine, L-Leucine, L-Histidine, L-Arginine, Corn Syrup Solids, L-Cystine. Contains 2% Or Less of the Following: L-Tryptophan, Silicon Dioxide, Taurine, L-Carnitine.

Contains: Milk