

NUTRICIA **Fiber-Stat®**

Prebiotic Soluble Fiber to Help
Support Bowel Health



A ready-to-drink, low volume, prebiotic fiber medical food containing fructo-oligosaccharides (FOS) and polydextrose to support gut health^{1,2}

Indications:

30 mL Fiber-Stat® Dose*

■ Manage Constipation	Twice Daily
■ Inadequate Fiber Intake	Twice Daily
■ Maintain Regularity	Once Daily

1. Losada MA, et al. Nutr Res. 2002;22:71-84.

2. Jie Z, et al. Am J Clin Nutr. 2000;72:1503-9.

*USE UNDER MEDICAL SUPERVISION: Intake to be determined by a healthcare professional.

Fiber-Stat[®] Policy & Procedure

Policy:

The policy of this facility is to assure optimal bowel regularity and intestinal health for residents. Fiber-Stat contains 15 grams of soluble prebiotic fiber (60% Daily Value) in 1 fl oz. Fiber-Stat contains prune juice concentrate, FOS, and polydextrose, which can help promote bowel regularity in residents/patients with constipation or inadequate fiber intake who are unable to meet fiber requirements through a normal diet. The goal of this facility is to maintain bowel health and manage constipation.

Procedure:

1. Residents/patients are monitored per facility policy for above indications.
2. Bowel management intervention will be implemented for residents/ patients as appropriate. (See dosage chart on reverse side).
3. The recommended intervention will be communicated as appropriate to the following:
 - a. Nursing Department
 - b. Food & Nutrition Services
 - c. Physician
 - d. Resident/Patient, Family
4. Discontinue existing fiber supplement (if applicable).
5. Administer Fiber-Stat[®] orally or through feeding tube. Fiber-Stat can be taken straight or added to any food or beverage. (See dosage chart on reverse side)
6. Balance Fiber-Stat with existing bowel management protocol and monitor bowel function for 2 weeks.
7. Continue Fiber-Stat to maintain bowel regularity.
8. Document resident/patient intake and bowel movements per facility policy.
9. Record resident/patient response to intervention.
10. Reassess and determine appropriate continued dosage.

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